

THE GOAL OF OUR MENU IS TO OFFER YOU A TRUE TASTE OF ARIZONA. WE WORK WITH LOCAL FARMERS AND ARTISANS TO BRING TO YOU THE VERY BEST THAT ARIZONA HAS TO OFFER. ENJOY!

C A F E MeSo

CLASSIC BREAKFAST

ALL-AMERICAN* • TWO EGGS ANY STYLE WITH CRISP HASH BROWNS, CHOOSE BACON, HAM STEAK, SAUSAGE OR CANADIAN BACON AND TOAST, BAGEL OR MUFFIN. INCLUDES JUICE AND COFFEE • 17

GOOD START • OATMEAL, COLD CEREAL OR HOUSEMADE GRANOLA WITH FRESH BERRIES OR BANANAS, SKIM MILK AND CHOICE OF TOAST, BAGEL OR MUFFIN. INCLUDES JUICE AND COFFEE • 15

3-EGG OMELETS

EGG WHITE LOW CARB OMELET • OPEN FACE, SLICED TOMATOES, MUSHROOMS, SPINACH, MOZZARELLA CHEESE, AVOCADO, CHOICE OF BREAKFAST MEAT • 17

BUILD YOUR OWN OMELET • INCLUDES THREE CHOICES: BACON, CHORIZO, PEPPERS, BROCCOLINI, AVOCADO, SPINACH, TOMATOES, ONIONS, CHEESE, GREEN ONIONS • 17

MODERN CLASSICS

FAST SCRAMBLE • SCRAMBLED EGGS, DICED HAM, HASH BROWNS • 16

HUEVOS RANCHEROS • TWO EGGS ANY STYLE ON CORN TORTILLAS SMOTHERED WITH REFRIED BEANS, CHORIZO, GUACAMOLE, SOUR CREAM, SCALLIONS, GREEN TOMATILLO SAUCE, COTIJA CHEESE • 16

BEEF MACHACA • TENDER BEEF, ONIONS, TOMATOES, PEPPERS, TWO FRIED EGGS, SPANISH RICE, REFRIED BEANS, SALSA, MAZINA TORTILLAS • 16

VEGETABLE QUINOA FRITTATA • SUN-DRIED TOMATOES, MUSHROOMS, SPINACH, PEPPERS, TOMATOES, MUSHROOMS, QUINOA, BROCCOLINI, GOAT CHEESE • 15

BREAKFAST "BURRITO" BOWL • EGGS ANY STYLE, ANCIENT GRAINS, PEPPERS, TOMATOES, AVOCADO, SCALLIONS, CHORIZO, BREAKFAST SAUSAGE, SOUR CREAM, GUACAMOLE • 15

BELGIAN WAFFLE • SEASONAL BERRIES, VANILLA DUST, MAPLE SYRUP & WHIPPED CREAM • 16

BERRY PANCAKES • SEASONAL BERRIES, VANILLA DUST, MAPLE SYRUP & WHIPPED CREAM • 16

BANANAS FOSTER FRENCH TOAST • CINNAMON SWIRL TOAST DIPPED IN A VANILLA EGG BATTER, BANANAS FOSTER SAUCE AND SEASONAL BERRIES • 16

ETC.

CRISP BACON • 5

SAGE AND BLACK PEPPER SAUSAGE* • 5

CHICKEN-APPLE SAUSAGE* • 5

GRILLED CANADIAN BACON • 5

HASH BROWNS • 4

SINGLE EGG* • 4

SIDE OF FRUIT • 4

GREEK YOGURT AND GRANOLA PARFAIT
POMEGRANATE SEEDS AND FRESH BERRIES (500 CAL) • 10

OATMEAL
BROWN SUGAR, RAISINS, MILK (440 CAL) • 11

CEREAL
CHOICE OF BERRIES OR SLICED BANANA, MILK • 11

BEVERAGES

FRESH ORANGE OR GRAPEFRUIT JUICE • 5
APPLE, CRANBERRY, PINEAPPLE, V8 OR TOMATO JUICE • 4

COFFEE (REGULAR OR DECAF) • 4

HOT TEA • 4

ESPRESSO • 5

CAPPUCCINO • 5

LATTE • 5

MILK, CHOCOLATE MILK OR HOT CHOCOLATE • 4

SOFT DRINK (PEPSI, DIET PEPSI, SIERRA MIST) • 4

SEDONA (STILL OR SPARKLING) • 4

Ask your server about Gluten Friendly options.

If you have any concerns regarding food allergies, please alert your server prior to ordering.

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness